

ERICA MARIE WIGLEY, ACC



As an ICF certified coach, Chopra Center certified meditation instructor, Speaker Advocate Coach with Motivating The Masses, Communications Coach with SWI, Reiki Master, and holistic registered nurse, Erica serves her clients at the highest capacity through her business, Rise 360 Coaching & Consulting.

Her business love language has helped clients become more powerful speakers in business, brand messaging alignment, and master personal development.

Erica says: " Whole life integration is the umbrella for mind-body-soul-spirit connection. When the decisions we make are out of alignment, we have stepped out of integrity with our essential self.

Mindfulness and meditation bridges the gap to create a more meaningful, abundant, and purposeful life/business. She is excited to be an instructor with ICFI and looking forward to working with you.



rise360coaching@gmail.com